

Eat Smart Beat The Menopause

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Eat Smart Beat The Menopause

In a recent video presentation, leading weight loss expert Deborah Murtagh revealed how she beat menopause weight gain. In fact, she claims to have kept peri-menopausal weight as low as possible at ...

The Menopausal Switch Review (Deborah Murtagh) Worth Buying?

The top foods for a healthy vagina are delicious too! From boosting libido to reducing cramps, what you put on your plate can directly benefit vaginal health. Here are the best types of foods for a ...

The best foods for a healthy vagina, according to the experts

Many of us have a love/hate relationship with sugar. As hard as we try to avoid it, when a craving strikes, it's hard to say no. Because let's face it: Sugar is delicious! But too much added sugar in ...

Ditch the Sugar! These 52 Delicious Low-Sugar Foods Will Keep You Healthy and Satisfied

Don't let the heat ruin your theme-park trip! Instead, stay cool with these tips, including wearing a sun-protective shirt and visiting an indoor theater.

How to Beat the Heat at Your Favorite Theme Park This Summer

That's what they named me. The thing is, I'm a dog. Weird, right? We first met at the animal shelter. I was there because my owner had passed away. That was a tough time in my life. I missed mom a lot ...

CVAS: A 'tail' of love and second chances: The dog named Cat

Special 95, Super 98, diesel and Biodiesel. The best part of the new fuel station is that it does not need assembling. Relocating it to a new location instantly is easy-peasy.

In a world first, ENOC's new eLink mobile fuel station comes with a 30,000-litre tank, and can serve four vehicles at the same time

UNVEILING the Government's new "Beating Crime Plan", Prime Minister Boris Johnson has pledged "less crime, fewer victims and a safer society". An admirable aim, I'm sure you will agree. League ...

The only way to get a safer society is to give police officers backup

At one point during The Hollywood Reporter's annual Comedy Actress Roundtable, Hacks star Jean Smart paused the rollicking conversation to poll her peers, certain they were drawn to the profession for ...

"Whyyy Do I Do This?": Kaley Cuoco, Jean Smart, Lena Waithe and the THR Comedy Actress Roundtable

When her husband flirted with "that red-haired cigarette girl," Daisy Root decided there was only one way to stop him. A look back at one of our city's most sensational crimes.

From the Vault: The 1935 Root Murder

Although the masses and most of the financial media blame hedge funds for their exorbitant fee structure and disappointing performance, these investors have proved to have great stock picking ...

Were Hedge Funds Right About The Cheesecake Factory Incorporated (CAKE)?

Students need more than just a laptop to succeed.

The Verge's back-to-school gift guide 2021

Integrated within the Polkadot and Kusama networks, Parachains are custom, project-specific blockchains. Learn more about five winners.

The Five Kusama Parachain Auction Winners - Who are They?

Why does the DeFi sector need its very own public decentralized network? We talk to Radix CEO Piers Ridyard, whose company is building one.

Q&A: What is the DeFi sector getting wrong right now?

The technochasm has created a huge divide. On the winning side of this chasm we find thriving tech-powered businesses and professions.

How the Wealth Gap Became an Abyss

The World Ends with You's original Nintendo DS release is nothing short of a masterpiece. Taking full advantage of the handheld's dual screens, the RPG juggled a hybrid blend of b ...

NEO: The World Ends with You (PlayStation 4) Review

When you're frequently bombarded with ads for credit cards at big banks, it's easy to overlook credit cards at a local credit union. These not-for-profit organizations typically require membership ...

5 Ways Credit Union Credit Cards Can Beat Flashy Bank Offers

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Shares of Tennessee-based healthcare services provider HCA Healthcare (HCA) jumped 14.4% and closed at \$248.90 on Tuesday after the company reported impressive second-quarter financial results. HCA ...

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